

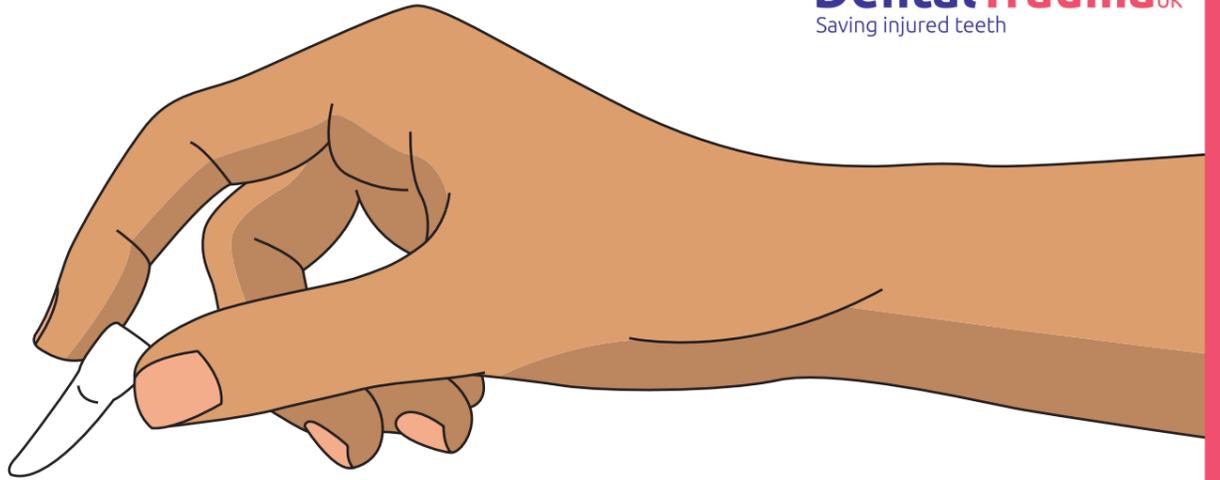
# SAVE A KNOCKED OUT TOOTH

DentalTraumaUK  
Saving injured teeth

## PICK IT

Keep calm!

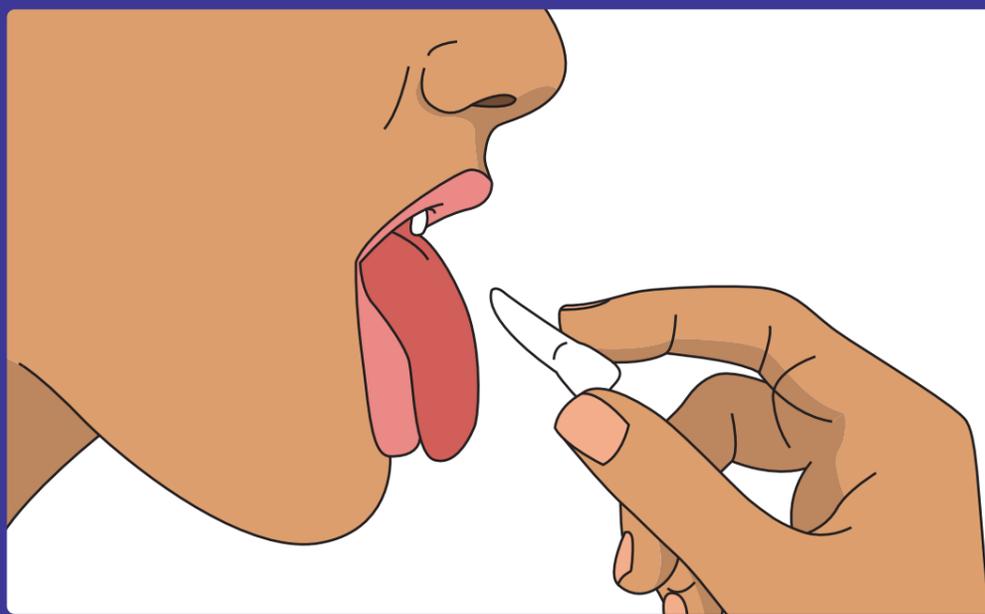
Find the tooth and **PICK IT** up holding the crown only.



## LICK IT

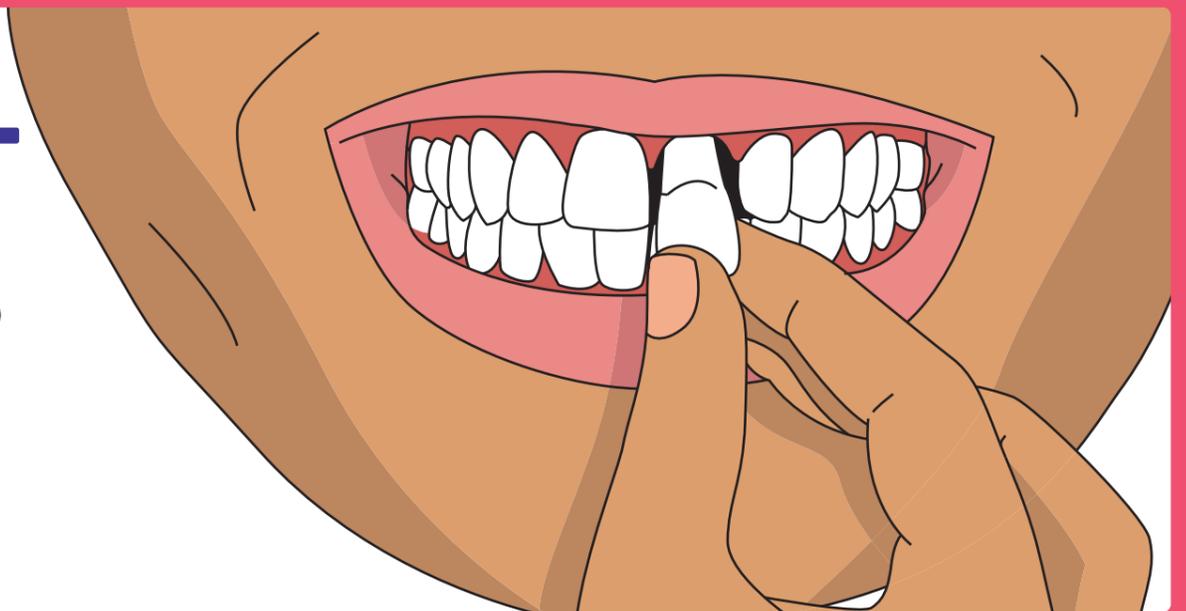
Clean the mouth with water and mop up any blood.

If the tooth is visibly dirty, **LICK IT** or pour water over it.



## STICK IT

Gently **STICK IT** back into position and bite down on a tissue to keep it in place.



## PICK IT, LICK IT, STICK IT!

and go to a dentist immediately.

If you are unable to replant a tooth, put it in milk and go to the dentist immediately.

Never replant a baby tooth.